

Walk Leader Checklist

- Recce route with your co leader to assess parking, risks, feasibility and grade.
- Submit details on the RWG website to Walks Co-ordinator.
- Check route again for any later changes.
- Bring first charged mobile, secateurs, pen and paper plus first aid kit, whistles and high visibility jackets if you have them or are borrowing them from the Walks Coordinator.
- Meet walkers at Ross Sports Centre, Wilton or other designated meeting point.
- Make list of walkers.
- Before setting off ask if anyone has any medical conditions the leaders should be aware of.
- Arrange car sharing with drivers.
- Add names of walkers joining at start point.
- Lead at correct pace for group, with back-stop appointed.
- Make stops for rest, coffee and lunch.
- Give a few minutes warning before setting off after breaks.
- Count walkers at start and after stops.
- Follow guidance on roads, traffic, incidents and accidents.
- Send list of walkers to Rosemary, using the link on the RWG programme page.

Revised March 2022