

## **RWG Checklist for Walk Leaders (During Covid-19 Restrictions)**

- If you are leading outside Herefordshire, e.g. Wales, Forest of Dean/Gloucestershire, please check the latest guidance and/or lockdown status for the area **before** the walk.
- Check/recce the walk **a few days before** the scheduled date to ensure you are familiar with the route and confirm there are no new problems or obstacles such as fallen trees. Additional stops may cause members to forget social distancing.
- Confirm there is still sufficient parking available at the start of the walk (12 members may mean 12 car parking spaces are required).
- Check there is sufficient space at coffee and lunch stops for members to sit 2 metres apart in 2 groups 100 metres apart.
- Before the walk starts, confirm that everyone feels well. Members should not walk with the group if feeling unwell.
- Any members who turn up without having booked a place should be asked to leave.
- Remind members to observe Social Distancing throughout the walk and after crossing stiles to move well away to allow members to spread out while waiting for the others to cross. You may need to remind them again during the walk.
- Remind members to wear gloves and/or use hand sanitiser regularly and after touching surfaces such as stiles.
- Remind members to maintain at least 100 metres between groups.
- Advise members to stay in their group. If a member subsequently has a positive Covid diagnosis, this would mean only 6 would have to self-isolate rather than all 12.

Revised October 2020